

Youth Soccer Return to Play Plan

ACTIVITY HYGIENE PLAN

- Association will provide sanitizing stations
- Parks Department will regularly and frequently clean restrooms, documenting cleanings
- Signs and protocols for restroom usage will be posted on the restroom doors by the Parks Department
- No bleachers at the fields. Parents should remain in their car or bring their own chair and maintain 6 foot social distancing.
- Notices through the area for social distancing and the States notice on how Covid-19 can affect people of particular ages and how it can spread
- The Association will train board members in the safety and hygiene plans. The board member onsite at each facility will serve as the safety officer during games. Coaches will be trained and serve as the safety officer during practices for their own team.
- Board members to self screen each day prior to activity and will practice social distancing and safety protocols
- Board members with underlying conditions will be limited from attending or staffing the youth sporting event
- In areas of Board Members, there will be 6' distancing on the ground
- If you are sick stay at home and do not play. Do a mandatory self-evaluation assessment of the daily symptoms
 - If you have any symptoms related to Covid-19 do not play and go to the Doctor and get tested.
 - Fever
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - New loss of taste or smell
 - Diarrhea
- If an illness is reported, the person notifying the Association will fill out the Texas State Health Department Contact Tracing form (<https://www.dshs.state.tx.us/coronavirus/tracing.aspx>). The Association will notify the Parks and Recreation Department Staff Contact within 24 hours. Participants who may have come in contact with the ill person will be notified by Dallas County.
- Association will provide notice to all parents/guardians of the enhanced risks of participants being in direct contact with anyone age 65 or older for 14 days after participating in a sport event or practice

Initials _____

- When you go home from the game you should immediately wash your hands or take a shower, and you should sterilize all of your equipment, including washing your shirt and pants. We also recommend that you clean your shoes after each game.

PLAYER/TEAM HYGIENE PLAN

- Teams will be given the state and Association checklist for required items, to include:
 - Players to be screened by parent at home prior to arriving at facility
 - Parents to acknowledge that their player has no symptoms by arriving at facility
 - Parents to check temperatures of their player prior to attending each day
 - Parents to notify the association immediately of any player or family member in the same household of becoming ill
 - Parents will be responsible to ensure their child is using sanitizers before and after each practice, game or team gathering
- Teams should not mix before or after the sporting event
- No team meetings will be allowed after practices/games and must refrain from gathering in groups
- All scores will be submitted by the referee to the association. The Association will take the score sheet with gloves on and take a picture of the sheet. Score sheets will be recorded and trashed immediately.
- Any players not feeling well must be reported to the Association. The player and the family are to go home and observe the detailed protocols from the CDC and local health authorities
- When you go home you should immediately wash your hands and that you sterilize all of your equipment, including washing your uniform and pants. We also recommend that you clean your shoes after each game.

CONCESSION HYGIENE PLAN

- Provide condiments or flatware only in single use, individually-wrapped items, and provide condiments only upon request.
- Have employees and contractors follow proper food-handling protocols.
- Disinfect any items that come into contact with customers.
- Contactless payment is encouraged. Where not available, contact should be minimized. Any concession worker accepting cash will wear gloves.
- It is encouraged that concession employees wear gloves and masks when possible.
- Concessions will be trained on the safety protocols by the Association.
- When you go home immediately wash your hands and sterilize all of your articles/possessions taken to the field with you. We also recommend that you clean your shoes after the game.

ACTIVITY PLAN FOR FIELD OF PLAY

Initials _____

- Teams are required to clean their team bench area of all trash and other items after each game, and to wipe down (clean) hard surfaces such as the bench, etc.
- Upon arriving at a team bench for the first time, teams are to disinfect hard surface areas (bench, etc.).
- Parents are to supply their players with antibacterial wipes and hand sanitizer for disinfecting and cleaning hands between innings/quarters/periods
- No sharing of equipment will be allowed
- No sunflower seeds, gum or spitting
- Association will supply safety officers to help in guideline understanding and implementation
- No sharing of water or drinks
- No high fives or handshaking before or after the games, but teams must still show sportsmanship
- Teams shall break up into individual stations whenever possible to work on skills versus group practices
- Teams should consider scrimmaging within their own team versus playing other teams
- Half time meetings shall be conducted, but players and coaches must be socially distanced 6 feet apart.
- Coaches, team moms and umpires should maintain 6 foot social distancing from players, coaches, team moms and other umpires or it is recommended to wear a mask if possible

SPECTATOR PLAN

- Meets or exceeds minimum standards health protocols provided by the Texas Department of Health and Human Services
- Families are to only have 1 responsible adult in attendance with players
- No gatherings of 10 or more in an area
- No bleachers at the fields. Parents should remain in their car or bring their own chair and maintain 6 foot social distancing.
- No high fives or handshakes
- Once the game or practice is over please evacuate the area in a timely manner for the next team to set up
- Teams and parents waiting for their game/practice will observe until the previous team has evacuated the area
- People that are at high risk according the CDC Guidelines should not attend the game/practice
- Spectators are advised to wear a mask and face protection at all times
- Kids are encouraged to not congregate at the playgrounds and should maintain social distancing and wash or sanitize their hands after playing.
- When you go home immediately wash your hands and sterilize all of your articles/possessions taken to the field with you. We also recommend that you clean your shoes after the game.

Initials _____

These protocols are not a limit on the health protocols that individuals may adopt. Individuals may adopt additional protocols consistent with their specific needs and circumstances to help protect the health and safety of all players, coaches, and fans

Initials _____